

Who Would Benefit from a Medical Alert System?

1. Seniors who wish to age-in-place

A medical alert system would provide peace of mind for seniors and their loved one with the assurance that help is always available when needed. This is true for all seniors and as the old adage goes, it's better to have and not need than to need and not have. Seniors with mobility issues and those that need assistance in their daily lives would benefit and be enabled to age-in-place safely. It is crucial for seniors that do not have family, loved ones or a caregiver to depend on for daily check-ins.

2. Anyone with a medical condition that could escalate in seriousness without warning

Some medical conditions predispose the person to sudden black outs, seizures and other symptoms that require immediate attention such as epilepsy or poorly managed diabetes. A medical alert system that can automatically detect falls would definitely be beneficial.

3. Anyone who is forgetful or have neurocognitive disorder

Someone with neurocognitive disorder such as dementia, Alzheimer's, autism spectrum disorder or some form of brain injury would benefit from a medical alert device that has GPS and two-way voice network enabled, real-time tracking or bread crumbing, fall detection, geo-fencing and lock-secured bracelets with untethered charging and low battery monitoring. This way their caregivers can trace their location when they unknowingly wonder and get lost or become confused and can't make their way home.

There are often cases of someone locking themselves out of their own home on a cold evening because they forget their keys and have no way of getting back in. A medical alert that is connected to a cellular network and is two-way voice enabled would be highly beneficial.

4. Anyone at risk of falling

If you display signs such as feeling unsteady on your feet, need support to get around the house, use a mobility support or have fallen within the past 6 months, you are probably at risk of falls. A medical alert with automatic fall detection capabilities would be beneficial and highly recommended.

5. Anyone on medications that cause drowsiness

Some medications cause drowsiness and increase the risk of a fall. Not all falls are equal; some unfortunately result in loss of consciousness and, if not attended to immediately, could have serious health consequences. A medical alert of choice should have automatic fall detection and GPS tracking. Anyone who is taking medications that could cause drowsiness on a long term basis would greatly benefit from it. Be mindful that some herbs, natural health products and over-the-counter medication could interact with your prescribed medication to cause tiredness and dizziness. Be sure to give your doctor a complete picture.

6. Anyone who lives on their own or is a lone-worker

Both the person who lives in a rural community mostly away from others, as well as someone who works in isolation from other workers would greatly benefit from a medical alert system especially one with GPS, fall detection and 2-way voice capabilities. Although it is technically a medical alert, it provides the same support in all emergency situations.